

# XS™ GOLD: ENERGYPLUS COMPARISON CHART

XS Gold is a revolutionary beverage combining many functional ingredients to provide your body with the benefits of multiple nutritional ingredients. We have combined some of the ingredients found in our energy drinks, along with vitamins, minerals, and *Essentra*® to provide you the ultimate functional energy beverage on the market!

Compare XS GOLD: **ENERGYPLUS** to some other functional energy drinks in the marketplace.

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<b>Can/Bottle (oz)</b>	8.4	2	8.4	8.4
<b>Sugars (g)</b>	1	0	0	18
<b>Calories</b>	12	4	0	72
<b>Carbs (g)</b>	1.5	0	1	18
<b>Caffeine (mg)</b>	83	100	0	80
<b>B12 (%RDA)</b>	8000%	8333%	100%	250%
<b>Essentra®</b>	125 mg	0 mg	100 mg	0 mg
<b>Vitamins</b>	B6, B12, C, Niacin, Folate, Biotin, Pantothenic Acid	B3, B6, B12, Folic Acid, Niacin	B6, B12, C, Folic Acid, Pantothenic Acid	B6, B12, C, A, D3, E, Niacin, Folate, Biotin, Thiamin, Riboflavin, Pantothenic Acid
<b>Minerals</b>	Calcium, Zinc, Magnesium, Selenium, Chromium, Manganese, Phosphorus, Molybdenum	Sodium	None	Selenium, Plant Sourced Mineral Blend
<b>Functional Ingredients</b>	Proprietary Blend of Herbs, Exotic Fruit Flavors, Vitamins and <i>Essentra</i>	Proprietary Energy Blend	Chamomile, <i>Essentra</i> , Choline, L-Tyrosine, Inositol, Acerola Cherry	Taurine, Guarana, D-Ribose, Inositol, Choline, Mangosteen, Aloe Vera, Green Tea